

PROCLAMATION City of Littleton, Colorado Proclaiming September 2025 "NATIONAL SUICIDE PREVENTION AWARENESS MONTH" in the City of Littleton

WHEREAS, September is Suicide Prevention Awareness Month, a time to raise awareness, promote hope, and normalize help-seeking; and

WHEREAS, suicide affects millions of people every year, yet too many struggle in silence and whether you're facing challenges, supporting a friend or loved one, or are looking to help, your voice matters; and

WHEREAS, this month is dedicated to recognizing the warning signs for suicide, encouraging open conversations about mental health, and connecting people to proven treatment and resources; and

WHEREAS, while anyone, regardless of background or identity, can be at risk for suicide, some groups have higher suicide rates than others, such as veterans, those who live in rural areas, Indigenous individuals, and members of the LGBTQ community. Prevention must be a public health priority; and

WHEREAS, suicide prevention requires collaboration and compassion from friends, families, neighbors, coworkers, businesses, government agencies, and community organizations to implement strategies for early intervention, treatment, prevention, and postvention; and

WHEREAS, this month and throughout the year, the City of Littleton reaffirms its commitment to mental healthcare and services, reducing stigma, advocating for best practices regarding suicide prevention, and spreading awareness of suicide and suicide prevention; and

WHEREAS, suicide and suicide attempts have far-reaching effects on loved ones, friends, family, coworkers, first responders, and entire communities. All residents of Littleton are reminded that everyone can help prevent suicide by raising awareness, promoting healthy connections, supporting crisis services, and creating a safer, healthier world for all; and

WHEREAS, the Suicide and Crisis Lifeline provides free and confidential services to people in distress, prevention and crisis resources for those struggling or their loved ones, and best practices for professionals, and is available 24 hours a day, seven days a week by calling or texting 9-8-8 or visiting 988lifeline.org; and

WHEREAS, when we stand together in strength, dignity, hope, and purpose, we can make a difference and help save lives.

NOW THEREFORE BE IT RESOLVED, I, Kyle Schlachter, Mayor of the City of Littleton, do hereby proclaim September 2025 "National Suicide Prevention Awareness Month" in the City of Littleton.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the City of Littleton to be affixed this 2nd day of September 2025.

Kyle Schlachter Mayor

Colleen L. Norton, City Clerk